

Carbon Reduction Plan

Commitment to Achieving Net Zero

Dentistry For You is committed to achieving Net Zero carbon emissions by 2045, in line with the NHS ambition to become the world's first net zero national health service.

We recognise that healthcare organisations have a responsibility to reduce their environmental impact while continuing to provide safe, high-quality patient care.

This Carbon Reduction Plan outlines the steps we are taking to measure and reduce our carbon footprint.

Baseline Emissions

As a primary care dental provider, our main sources of carbon emissions include:

- Electricity and gas used within dental practices
- Clinical equipment energy consumption
- Staff and patient travel
- Procurement of dental materials and consumables
- Waste generation and disposal

We are currently developing baseline measurements of our carbon footprint using available practice utility data and supplier information.

Carbon Reduction Initiatives

Dentistry For You is implementing a number of environmental measures to reduce emissions, including:

Energy Efficiency

- Installation of energy-efficient LED lighting
- Energy-efficient dental equipment
- Monitoring of electricity usage across practices

Digital Systems

- Paperless patient records using digital clinical management systems
- Electronic communication where possible to reduce paper usage

Sustainable Procurement

- Purchasing materials from environmentally responsible suppliers

- Reducing single-use plastics where clinically appropriate

Waste Management

- Segregation of clinical and non-clinical waste
- Recycling of appropriate materials
- Compliance with healthcare waste regulations

Travel Reduction

- Encouraging public transport and sustainable travel options
- Use of remote meetings where appropriate to reduce travel

Future Environmental Actions

We will continue to develop our environmental strategy by:

- Monitoring carbon emissions from utilities and suppliers
- Reducing energy consumption across our practices
- Supporting NHS initiatives such as Green Impact in Dentistry
- Reviewing procurement practices to prioritise sustainable products

Governance

Responsibility for environmental management sits with the Clinical Director and Practice Management Team, who will review progress annually.

This Carbon Reduction Plan will be reviewed and updated each year.

Declaration

This Carbon Reduction Plan has been prepared in accordance with NHS guidance and represents our commitment to reducing carbon emissions and supporting the NHS Net Zero ambition.

Approved by:

Murtaza Kanani

Clinical Director

Date: 5th January 2026

Review: Annual